

# help: your skin from within...

**help: clear skin** is a simple, natural way to help reduce the appearance of blemishes. It contains dairy peptides, active, natural ingredients rich in lactoferrin that can help reduce the appearance of blemishes for a clearer, healthier complexion.

Simply mix one sachet a day into your favourite drink or soft food and you could soon see a clear difference in your skin.

**NEW help: revitalise my skin** is a tasty, ready-to-eat gel supplement containing CoEnzyme Q10 and Aloe Vera to help your skin stay beautifully revitalised... and in tip top condition.

To find out more visit: [workswithwater.co.uk](http://workswithwater.co.uk)



Available at

**Waitrose**

**HOLLAND & BARRETT**

**Superdrug** 

**Boots**

and independent pharmacies

feel good