

help: YOUR HEART

Now there's a simple, natural way to help look after your heart. **help: your heart** soluble supplements and **NEW help: cholesterol** ready-to-eat gel supplements both contain active ingredients that are scientifically supported to help you maintain a healthier heart when taken as part of a healthy and balanced diet.

Help keep your heart health in check. To find out more please visit workswithwater.co.uk



Available at

Waitrose

Superdrug 

Boots
feel good

and independent pharmacies