

If all you want for Christmas is great skin

help: your skin from within...

NEW help: revitalise my skin is a tasty, ready-to-eat gel supplement containing CoEnzyme Q10 and Aloe Vera to help your skin stay beautifully revitalised... and in tip top condition.

help: clear skin is a simple, natural way to help reduce the appearance of blemishes. It contains dairy peptides, active, natural ingredients rich in lactoferrin that can help reduce the appearance of blemishes for a clearer, healthier complexion.

Simply mix one sachet a day into your favourite drink or soft food and you could soon see a clear difference in your skin.

To find out how you can sparkle this Christmas visit:

workswithwater.co.uk



Available at

Waitrose

HOLLAND & BARRETT

Superdrug

Boots

and independent pharmacies

feel good